



**Job Title:** Associate  
**Education:** LL.B./B.C.L., McGill University Faculty of Law; BA, University of Miami  
**Company Name:** Holwell Shuster & Goldberg LLP  
**Industry:** Law  
**Company CEO:** n/a  
**Company Headquarters Location:** New York, New York  
**Number of Employees:** 80  
**Words you live by:** Destiny is not for comfort-seekers. Destiny is for the daring and determined who are willing to endure some discomfort, delay gratification, and go where destiny leads. – T.D. Jakes  
**Personal Philosophy:** You choose your thoughts, and there isn't one thing running through your mind that you don't allow to.  
**What book are you reading:** *Educated* by Tara Westover  
**What was your first job:** Math teacher, Breakthrough Collaborative summer program in Austin, Texas  
**Favorite charity:** Breakthrough Collaborative  
**Interests:** Hiking and gardening  
**Family:** My husband, Bryson, and my son, Orion

“Take the chance that maybe you are good enough. Throw away the script. Be attuned to your audience, calibrate your tone, and speak with confidence from a deeply honest place. Leave no room to doubt yourself.”

### Leave No Room for Doubt

I live for those moments on the job when I have to think on my feet, when the reams of meticulous preparation recede into the background and I am forced to act and speak from a place of instinct. As a lawyer advancing in my career, these extemporaneous speaking opportunities hold increasingly higher stakes: responding to a judge’s question on the fly, cross-examining a witness on facts I just heard for the very first time.

But to own those moments, I have had to suppress the messages I have been taught since childhood about how women should act: “Don’t speak out of

turn. Don’t speak at all unless you are sure you are right. When you do speak, make sure it’s from a carefully scripted answer, preferably vetted by someone with more experience than you.”

These messages—well-meaning as they may be—cultivate an ethic of risk-averse perfectionism that holds as its premise, “You are not good enough as you are.”

My advice: Take the chance that maybe you are good enough. Throw away the script. Be attuned to your audience, calibrate your tone, and speak with confidence from a deeply honest place. Leave no room to doubt yourself.